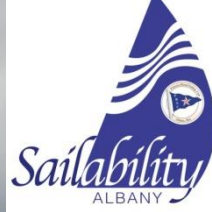


Sailability



Community Participation

@ Princess Royal Sailing Club

[www.prsc.com.au /sailability](http://www.prsc.com.au/sailability)

Participants' Information...

Thursdays

From 20 Feb to June and again from Oct to Dec
(Weather and boat availability permitting)

Time: 9.00am until 12 noon.

Place: Princess Royal Sailing Club .

Why sailing?

Sailing on a keelboat provides an ideal opportunity for participants to engage socially with the broader community - in the outdoors and in a friendly atmosphere ☺.

Participants are invited to share some of the crewing tasks and work cooperatively with others. During the sailing seasons participants have the opportunity to develop a set of physical and communication skills important to being part of a sailing crew. Through Sailability participants can engage in Club activities and also volunteer their services to support others.

Supported by:



Government of **Western Australia**
Department of **Communities**

Membership & Fees

An annual PRSC social membership fee of \$79 is required to participate in Sailability activities at PRSC. In addition, there is a sailing fee of \$25 each week which contributes to the maintenance and replacement costs of our boats and equipment. These fees can be paid by EFPTOS or cash each week. *(If financial hardship makes these fees unaffordable please discuss confidentially with the Sailability Coordinator.)*

How to prepare for sailing...

Everyone should be prepared with **suitable clothing**:

- Sunglasses & a well-fitting hat that won't blow off (we suggest a tie cord)
- Water proof jacket & a jumper
- Footwear with soft rubber soles
- A bottle of water and a healthy snack.
- Apply sunscreen before you leave home

Safety and responsibility ...

All Sailability participants must adhere to Sailability & PRSC rules and policies including...

Life-Jackets: All participants **MUST** wear a correctly fitted lifejacket at all times on the pontoon, jetty and on-board any boat.

Enjoy & connect with others!



Learn to sail

Sailability

@ Princess Royal Sailing Club

[www.prsc.com.au /sailability](http://www.prsc.com.au/sailability)

Participants' Information...

Saturdays

From 22 Feb to June and Oct to Dec 2020
(Weather permitting)

Time: 9.30am until 12 noon.

Place: Princess Royal Sailing Club .

Learn to Sail:

Learn to crew or skipper your own boat in one of our Hansa 303s. On Saturdays you will have your own qualified instructor to help you develop your sailing skills. You will learn the physical, communication and cooperative skills required to sail and join in PRSC activities with other sailors 😊

Membership & Fees

An annual PRSC social membership fee of \$79 is required to participate in Sailability activities at PRSC. In addition, there is an instruction fee of \$55 per hour which contributes to the maintenance and replacement costs of our boats and equipment. These fees can be paid by EFPTOS or cash each week or by monthly invoice . *(If financial hardship makes these fees unaffordable please discuss confidentially with the Sailability Coordinator.)*

Supported by:



What I can learn about sailing ...

- be safe on the water
- board a boat safely
- prepare a boat ready to sail
- securely attach a boat to a jetty
- steer a boat using a tiller
- trim the sails and set direction
- participate in PRSC sailing and other events

What else I can learn...

- make decisions about safe actions
- work as a team member
- communicate your actions to others
- ask others for help
- meet regular commitments for training
- understand the value of a having a healthy balance in your life



Government of **Western Australia**
Department of **Communities**